

Nokido Ju-Jitsu: Is a Martial Art and a World Games sport focusing on self-defense and includes striking, kicking, avoidances, escapes, blocking, joint locks, throwing, takedowns, chokes and grappling.

Ju-Jitsu was taken from the Samurai Warriors and refined to encompass all techniques offered in Martial Arts and is said to be the father of all Japanese Martial Arts. Ju-Jitsu means "Gentle Art". Nokido Ju-Jitsu was brought to the U.S. by Shihan Andrew Gruenwald. (1942-2000) and continues to grow through Shihan Delvalle and his students using and constantly evolving, structured curriculum.

Kodokan Judo: Is a Martial Art and Olympic sport focusing on using technique over power while utilizing efficient and safe throwing, falling and grappling techniques.

Judo was founded by Jigoro Kano in 1882. Judo comes from the fighting art of feudal Japan, Ju-Jitsu. Judo means "Gentle Way". Kano combined the best techniques into what is now the modern Olympic sport of Judo. Judo has a strict set of rules that governs competition and ensures safety.

Brazilian Jiu-Jitsu: Is a Martial Art that focuses on ground fighting, submissions, and grappling using leverage over strength. BJJ was founded in 1925 by the Gracie family of Brazil. The Gracie family founded the UFC and modern MMA.

Champions: If your desire is to be a champion in Martial Arts, then look no further. Whether you want to be a State, National, or World Champion, Nokido Ju-Jitsu, Judo, & BJJ can help you reach your goal. Competition opportunities are available for Ju-Jitsu, Judo, and Brazilian Jiu-Jitsu. Additional training is available through our competition class/open mat class.

Bringing out the best, mentally and physically. Come see how Nokido Ju-Jitsu, Judo, & BJJ can change your life for the better!

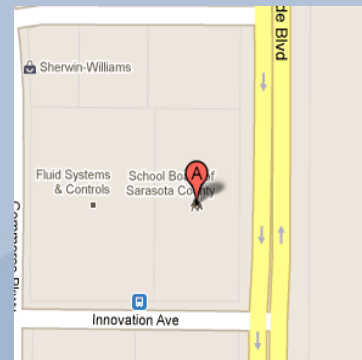


Nokido Ju-Jitsu, Judo & BJJ has been a leader in the Sarasota Martial Arts community since 1995 and has served the community of North Port since 2003.

Discounted rates for, Firefighters, Police, Teachers, Active Duty Military and Families.

Monday thru Friday 4:00-8:15 p.m.

CHECK OUT OUR FACILITY



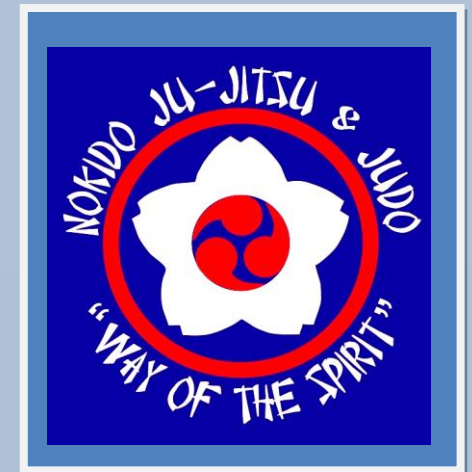
Nokido Ju-Jitsu, Judo, & BJJ

@ Imagine Schools
1000 Innovation Ave.
North Port, FL. 34289
(941) 258-5652
nokidojujitsu@gmail.com
www.nokido.net

NOKIDO JU-JITSU



JUDO & BJJ



(941) 258-5652



NOKIDO JU-JITSU, JUDO, & BJJ



“The Way of The Spirit”

Nokido Ju-Jitsu, Judo, &BJ J: If you're looking for a great method of self-defense and to learn about all aspects of the Martial Arts then Nokido Ju-Jitsu & Judo is for you. Come join the fun. The classes are for all ages using the opponents own attacking energy against them. Our Martial Arts are practiced on mats for comfort and safety, by males and females of all ages. We also offer a competition class / open mat class for additional training. The classes are a year round activity and a life changing experience. Come join the fun and be a part of our family!

S.T.O.R.M. Team: The Special Team of Role Models is designed to teach students the fundamentals of being a leader and an Instructor inside and outside the dojo and in our community. The S.T.O.R.M. team membership is limited to only 10% of the students and is a special honor. Community out reach and demonstrations are a regular part of the S.T.O.R.M. team's activities.

Lil' Samurai's: We offer a very structured professional atmosphere combined with a mixture of games, activities and exercise, which includes kicks, strikes, blocks, holds, and escapes so that your child's first exposure to the Martial Arts is a positive one and they build a solid foundation from which to grow! Ages 4-7

Private lessons: Available by appointment only for Nokido students.

Call or stop by and take a free trial class to see how Nokido Ju-Jitsu, Judo & BJJ can help you bring out the best in yourself and improve your life. **START TODAY!**



Nokido Ju-Jitsu, Judo, & BJJ Staff:

Shihan Earl DeValle is a Navy Veteran, a Retired Law Enforcement Detective, and Sarasota native. Shihan DeValle is a 6th degree Black belt in Ju-Jitsu and 4th degree Black belt in Judo. Sensei DeValle can be contacted at: budobug@gmail.com

Sensei Chris Ritchie is a 2nd degree Black belt in Nokido Ju-Jitsu and Judo and business owner. Sensei Ritchie can be contacted at: senseichris.r@gmail.com or (941) 258-5652.

All of our instructors are certified by the major Ju-Jitsu, Judo and BJJ organizations. Nokido Ju-Jitsu & Judo is also a charter member of the USJJF, USJA, WOLFPACK BJJ & JA.

Our teaching methods are proven and include all of the traditional principles like discipline, respect and honor... with the modern day needs such as fitness, self-defense, stress release, and FUN. We have programs for Adults & Children of all ages.

Foul language, offensive behavior, and aggressive attitudes are not allowed in our school.

The Ultimate in Self-Defense and....

- Self Control, Discipline, Awareness
- Honor, Courage, Respect, Patience
- Leadership, Character, Sportsmanship
- Courtesy, Perseverance, Integrity
- Technique, Balance, Leverage
- Fitness, Cardio, Effort, Fairness
- Goal Setting, Fun....

..... in a safe and fun family environment.

Lil' Samurai Class & the STORM TEAM



Champions on and off the mat!



Ju-Jitsu, Judo, and BJJ Champions